

# GRACE HOME NEWS



**MARCH 2023**

## Java Music Club

The state of California issued a grant for this program for three years. Due to our music policies and beliefs, I needed to change the program quite a lot to fit into our facility.

We facilitate this program once a week, usually on Tuesday afternoon. Each week, I bring in cookies and we have coffee. One or more guests of honor are invited. We start with a written opening followed by our theme song "It's the Love Inside" A resident reads the written guidelines for the program. Next is an activity called "Getting Centered" which includes a calming exercise of deep breathing. Then the topic of the day is introduced along with the discussion suggestions, quotes and picture that come with the program topic. There is a Native American talking stick that is sent around. Each person can say anything they want to say while they have the stick and they are not to be interrupted. Each one gets a turn, but no one must take a turn. We choose who we want to invite next week, and the assistant for that day chooses the topic for next week. Then we close with "God Be With You Till We Meet Again". You just might receive an invite to this program some time. If you do, now you will know what to expect.

**We are finally back to a five star rating that comes from CMS and our annual survey.**

**Thanks to the Livingston Sewing for sewing magnet strips on the privacy curtains for the tub room. I have been told by the CNAs that they are working amazingly.**



Room 13 has been refurbished now leaving only Rooms 2, 3, 7, 8, 12, and 14 needing an upgrade along with all halls except the South hall, the kitchen and the offices. One step at a time, we will get there. Plans are being made to replace the floor in the kitchen.



Our new speaker system is partially installed. The control system is no longer an app on a tablet but a device on the wall in the day room. We are still waiting on our stream out line to get hooked up. Each of the resident's rooms will have a volume control that they can reach with a new speaker box. The speaker boxes have arrived but not the control panels. When they do, Gary will come and finish installing them.



Four ROP students from Delhi started coming to Grace Home on January 24 and will be coming three days a week through the first of April. We do not have any high school students from Livingston this year.



There are several of the employees whose children have joined the volunteer program along with a mom who was a previous CNA at Grace Home and her daughter. That brings our total of volunteers up to four!

## We Need Gardens!!!

We had a raised garden for quite a few years. The residents thoroughly looked forward to planting time. "Is the garden ready to plant yet?" "What are we going to plant this year? We have to have some zucchini." "We need Beef Steak Tomatoes." "I can't wait until the cucumbers are ready!" Then... it was time to build the Community Center which we are very thankful for. But... our garden was demolished. Last year, as a peace offering, I planted a garden in the back into the dirt (sand). The residents would come back there and watch as I worked in the garden. It was better than nothing, but they were so far removed from it. Finally, the dirt got too soft that only the strongest could get wheelchairs out there and the residents were too scared of getting stuck to go out there anymore. There was also the fact that the garden just did not take off.

There is a plan to put decomposed granite down over the entire area between the chicken coop and laundry so it is wheelchair accessible. There are 4 raised garden beds planned for this area as well as a built in fire pit. A twelve foot arbor would separate the area from the fire lane. Trellises would cover the ugly white truck box/ storage container. We love the plan, but... the cost! Nearly \$20,000! We have permission to go ahead with the plan once there is a change made for a truck entrance that is in the plans for the new facility. We are planning to plant garden on

March 30.

We are hoping to get permission from the county to try the garden in the back again this year for the purpose of using the fresh produce in the kitchen. This garden would be maintained by our volunteers.

# NEW HIRES

Dharma Statsmann– Activity Aid

Susan Cabral-Yori– Medical Records

Katrina Anderson-Director of Staff Development

Holly Koehn-LVN

Susan Pulido– Infection Preventionist

Sandeep Kailey– RN

Nayeli Guzman– CNA

Cristal Flores– CNA

Jasmin Aguirre CNA

Grace Home has really changed over the last twelve months. We have lost four long time employees equaling 112 years of experience. Those of us that have been here a number of years feel it the most in our hearts, but it is felt everywhere. However, we hired an employee who has worked quite a number of years as Director of Nursing in another facility. She has really pulled together a lot of loose ends and helped to provide a sense of security. She knows most of the regulations thoroughly. That has been a tremendous boost to us.



## IN LOVING MEMORY

**JOYCE KOEHN**

**DELILAH SOMMERS**

# ACTIVITY HIGHLIGHTS!

- SNOWBALL FIGHT
- WINTER BLUES
- SCHOOL CHILDREN SINGING
- READING PARTY– DR. SUESS THEMED. LIVINGSTON 5TH GRADERS JOINED US AND PLAYED A GAME OF CHARADES FOR THE RESIDENTS.
  - DONUT PARTY
  - VALENTINE’S PARTY
  - OPERATION CHRISTMAS CHILD SHOE BOXES
- CHRISTMAS CAROLING– THANKS TO THOSE WHO CAME IN AND HELPED PUSH WHEEL-CHAIRS AND SING.
  - MAKING CHRISTMAS GOODIES
  - GINGERBREAD (CHOCOLATE) HOUSES
    - CANDY BALL RACE
    - NAME THAT CAROL
  - MAKE CHRISTMAS CARDS
  - CANDY CANE HUNT AND HOT CHOCOLATE BAR
    - CHRISTMAS IN A JAR
    - CHRISTMAS PARTY

All the care facilities in the conference were invited to participate in a reading contest. There were four facilities who chose to participate. Each facility took the number of pages read by the number of residents in the facility. Ridge Valley Seniors Home in Crooked Creek, Alberta won first place with an average of 841 pages. Then we took the number of pages read by each facility and divided only by participating residents. Doing it that way, Grace Home was first place. One of our residents read 5,661 pages! There were only two participants at Grace Home so each of them won a prize. Ridge Valley won the grand prize which ended up being a Tim Hortons gift card for an outing for them all.

**Yes! Covid is still a thing. When we have a positive resident or employee, that person must isolate for five days. If they test negative on day five, they are free to come out of their room with a mask on. Mask should be worn until day ten. Anyone exposed to that person when they tested positive should wear a mask for ten days whenever they come out of their rooms and test on day one, three and five. All dining and activities can continue as normal.**



**Activity Appreciation  
Week— January 23-27  
Maintenance Appreciation  
— March 4 & 5**

## **ANNUAL GRACE HOME FUNDRAISER**

**This is tentatively planned for April 29,  
a Saturday afternoon and evening.**

**The program at the Livingston Church would be on April 30 if this works for all involved. Check out our website in a few weeks for confirmation on these dates.**

# Grandma's Attic

J T C B Z H Q I D L A U T R O V N O D X H Q C E  
 S D W O A G W L X Q Z D G Y C X T A E W L J X U  
 G K S K A A K H P L R F U P J M R I E F O P N W  
 T H C P I K P Z I W O O D E N C O A T R A C K N  
 R J B O X P H O Z F S U V T O Q Y Q B P K R J T  
 I E N L L M A O M H H Y H P L O G R E D G Y F Z  
 K L S L O B X S A E L O P G N I H S I F Y F U K  
 S A E O D N G C X G D E S R O H G N I K C O R E  
 P C H J L S T N J T T G N Q Y B U S T L I U Q H  
 O E S P J D H C I H S T A H D L O Y N N U F L O  
 O H I U T D N P B D B S A L L E R B M U A Y S R  
 H A D E R E E E P A L A R K F O L D T R U N K P  
 Z N D S L Y K U W K B I S S E R D G N I D D E W  
 V D U M E Q C S O S M Y U E P A D X O D L O E K  
 S K R V A A P O A M P S C B B T D L V A G L O P  
 P E R Z E M B Y C B R A J L Z A D Q N G T D L I  
 K R R T G E W E W E R P P U O D L T C T N B D R  
 P C S G P P I C T U R E S E R T E L E Y N O C L  
 P H K I L T G Y Z F M O K E R R H K G D A O H E  
 O I C I R N P H U X F K S C N S R E B L Y K A G  
 C E E A H K A H H D Y S S Z I E L G S H O S I N  
 R F Q Z H P P X Z L E A P W T W Q F B L S V R O  
 R D N T T I N O W S B Z W A J H L T R U Y T E Z  
 M A C H W V H D A D Z B W Y N H J C R N E L V H

Old books

Old chair

Hoop skirt

Baby clothes

Water kettle

Umbrellas

Dishes

Old dresses

Tea cup

Wooden coat rack

Pictures

Rocking horse

Old trunk

Baseball glove

Old newspaper

Lace handkerchief

Recipe book

Fishing pole

Quilts

Building blocks

Wedding dress

Wicker basket

Lantern

Funny old hats